

Ecclesiastes 4:10 “For if they fall, one will lift up his fellow. But woe to him who is alone when he falls and has not another to lift him up!”

Share a time when you were there to help another person up, or had someone there that helped you when you stumbled and fell.

Read Galatians 6:1-2

What do these verses teach us and how can we apply these principles to our own lives?

How can we guard ourselves against temptations that could make us fall?

What can this community of believers do for those inside the group that need help to avoid a fall or pick them up from a fall?

Read John 21:1-23

How can the restoration of Peter encourage you to move beyond past failures and seek new direction through forgiveness?

One more thing.....

Sarah carried guilt from mistakes that strained her family, and she almost didn't show up to her women's LifeGroup. But when she finally shared her story, the women prayed for her, encouraged her, and reminded her of God's grace. Instead of judgment, she found friends who walked with her as she rebuilt trust and faith.

How does this story encourage you?

Discuss what grace does in the lives of people who have made mistakes that have caused others harm.

Additional Notes:

Prayer Requests: